



DECEMBER 2016

Newsletter of the Northern Virginia Chapter Construction Specifications Institute

IN THIS ISSUE

December Meeting Event..... 1
 MARC 2018 NoVA Save the Date 2
 Schedule of 2016-2017 Programs 2
 President's Message 3
 Education, Tech, and Certification 3
 Member Anniversary/Renewal Dates. 3
 MARC 2017 Pittsburgh Save the Date 4
 January Meeting Notice..... 4
 Business Card Ads 4
 Past Presidents Listing 4
 November 2016 Meeting Minutes 5
 Leadership Contacts..... 6
 Nova CSI 25th Anniversary Banquet . 6
 Editor's Corner 6
 Sponsor Logos..... 6

MEXICAN STYLE BUFFET

Mixed Green Salad & Assorted Rolls
 Chicken Fajitas with Peppers,
 Onion, Warm Flour Tortillas
 Spanish rice
 Guacamole, Salsa, American
 cheese and Sour Cream with
 Corn Tortilla Chips
Dessert: Chef's choice

PRICES

Members: \$18 + \$1.89 CC Fee*
Retired: \$35 + \$2.74 CC Fee*
Emeritus: \$35 + \$2.74 CC Fee*
Non-Members:
 \$48 + \$3.39 CC Fee*
Table Top: \$275 + \$14.74 CC Fee*

SCHEDULE

6 pm: Social hour
7 pm: Dinner
8 pm: Program

LOCATION

Washington Dulles Airport Marriott
 45020 Aviation Drive,
 Sterling, VA 20166

CHAPTER MEETING - DECEMBER 14, 2016



Description: The program will provide an overview of commercial lighting strategies with quality natural light from above, when applied properly, can overcome many design challenges. Our learning objectives include commercial lighting strategies, health and wellness, energy savings solutions, passive solar products. This entry level daylight program addresses designers' needs for continuing education to meet and maintain state licensing requirements and professional accreditation.

Learning Objectives: By the end of the program you will:

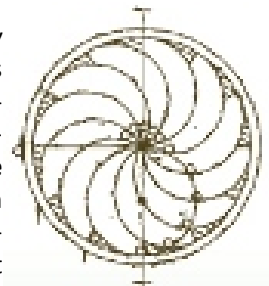
- Be familiar with understanding the **health benefits** of daylight designs.
- Understand the energy demands and the most effective ways to **reduce energy usage** of commercial buildings
- Understand the **daylight design strategies** to use in commercial applications and understand how to achieve an energy efficient design while balancing the cost of the design.
- Understand the **illumination power of the sun** and be familiar with several top lighting alternatives.
- Understand how these options should be applied in a variety of commercial spaces.



Speaker: David Conrath, founder and Chief Innovation Officer of **Anthrospheres.** His vision of facilities renovations and construction of educational facilities where realized with USGBC and EEC award-winning solutions for wellness; energy reduction and prefab modular methods for rapid deployments of the classrooms of the future.



Anthrospheres is the *art of efficiency by design*, dedicated to coordinating the client's design team to implement a culture and infrastructure of **wellness** with resilient, efficient, future-proof buildings using **"The Internet of Things"** (IoT). Clients range from federal and municipal governments to commercial developers who want to implement



Speaker description continued on page 2

Register for the meeting at <http://nova.csinet.org> by noon December 12, 2016

*Note: The CC (PayPal or Credit Card Fee) does not apply when paying by cash at the event.

Questions? Please send them to csinorthernva@google.com.

Schedule of FY2017 Chapter Presentations

September 14, 2016

Automatic Entrance Systems
Will Johnson, Stanley Access Technologies

October 12, 2016

Total Passive Fire Protection
Speaker: Jason McKay

November 9, 2016

Permeable Pavements
Speaker: Scott Stannard

★December 14, 2016

Designing with Daylight
Speaker: David Conrath

January 11, 2017

25th Anniversary Banquet
Managing Client Expectations
Speaker: Heath Suddleson

FY2017 Month to be determined

The Wharf DC Project
Speaker: Douglas Campbell

FY2017 Month to be determined

LEED: Health Product Declaration Statements
Speaker: To be Announced

April 12, 2017

Role of the Geotechnical Engineer
Speaker: Langan Engineers

FY2017 Month to be determined

Curtain Wall for Special Purpose Facilities
Speaker: To be Announced

June 8, 2017

Awards Banquet
Coordinator: *Mike Clancy*

July/August 2017

Board Transition and Summer Planning Meeting

September 14, 2017

Fire Rated Glass
Speaker: To be Announced

FY2017 Month to be determined

Building Information Modeling
Speaker: To be Announced

FY2017 Month to be determined

Project Delivery
Speaker: To be Announced

Topics subject to change

SPEAKER DESCRIPTION CONTINUED FROM PAGE 1

increased employee **productivity** in their business models.

David came to the realization several years ago that the IoT could enable control of the built environment and human outcomes. His passion is the human **circadian rhythms**, the quantification of individual assessments, regulation of healthy sleep patterns, and increase wellness through the appropriate light form factors with an emphasis on human-centric productivity based on **sleep architecture**.

David a provisional WELL AP and an active member of the Industrial **Design Society of America**. He is a third generation builder with experience running commercial architecture studios and maintains a Class "A" contractor's license. His teams received a number of USGBC awards for projects in **Alexandria, Virginia** where he was **Director of Planning Design and Construction**.

This skill set was paramount for **change management** in pioneering integrated circadian lighting and controls for the United States Marine Corps Shooting Teams, Federal Bureau of Prisons, Department of Homeland Security, Health and Human Services, Alexandria City Public schools, The City of Falls Church, and Bishop O'Connell High School.

In addition to being a practitioner of the WELL standard and circadian entrainment, David is a **world class, 1,000 yard long, range rifle marksman** on the USA FTR Rifle team using the same protocol developed for the Marine Corps with scheduled **light entrainment, sleep hygiene, and mental management**. The outcome has been three international team championships in the past two years personally, and The Marine Corps shooting teams have won a majority of the national matches over the past two years since they implemented the **sleep and performance protocol**. ❖

MIDDLE ATLANTIC REGION 2018 CONFERENCE

MARC 2018 - April 19-22, 2018



NOVA MEMBER ANNIVERSARY DATES

December 2016

Joseph Berchenko.....	28 years
Grant Rogers.....	24 years
Paul Brosnahan.....	22 years
Suresh Supekar	20 years
Cynthia Heimann	11 years
Marty Jakovics	5 years
Curtis Yocum.....	4 years
Lisa Valdez	2 years
Daniel Saportas.....	1 year

RENEWAL DATE REMINDERS

December 2016

Joseph Berchenko.....	12/31/2016
Paul Brosnahan.....	12/31/2016
William Downey	12/31/2016
John Geniesse	12/31/2016
Aziz Ghani	12/31/2016
Grant Rogers.....	12/31/2016
Daniel Saportas.....	12/31/2016
Lisa Valdez	12/31/2016

January 2017

Michael Clancy.....	1/31/2017
Tony Cummings	1/31/2017
Jae Horbacz.....	1/31/2017
Daniel Mathews.....	1/31/2017
Allan Monello	1/31/2017
Emre Ozkan	1/31/2017
William Rains Jr.....	1/31/2017



DECEMBER 21, 2016



DECEMBER 24, 2016

PRESIDENT ELECT'S MESSAGE

Jesse Oak, *NOVA CSI President*

Dear CSI Members,

Well I hate say it, but I'm back!!!

As you know I thought I would ride off quietly into the sunset leaving the hustle and bustle of the Washington DC metropolitan area, but found I was actually bored and missed work so after finding another place to call home, I have decided to stick around a while longer. I also missed CSI and serving the Chapter, so after talking with several members, I have decided to finish my term and work hard to develop a transition plan for the Chapter. For those who are disappointed, I can assure you there will be no dynasty.



I would like to remind everyone we are organizing MARC2018 to be held April 19-22, 2018 in Winchester, VA. I would like to help make sure it is a huge success and look forward to helping find sponsors and people to help with organizing and running the event so hope you will help.

Remember, the Chapter exist because of its members, so it is important to retain and gain new ones and find ways for everyone to be active or as active as they can. Please let the Board know how CSI and the Chapter can help you and any thoughts or ideas you may have to create a better membership experience. Think about what CSI does and how the organization can help expand your career. CSI is the one national professional group that brings together all of the various groups involved with the constructed environment. Owner, contractor, material manufacturer and supplier, designer, specifier and operator.

CSI provides a great forum to share information, network, and collaborate so stay safe and as I like to say we will talk again. ❖

Sincerely,

EDUCATION, TECHNICAL, AND CERTIFICATION

John Geniesse, *NOVA CSI Education/Technical/ Certification Committee Co-Chair and President-Elect*

UPCOMING 2016-2017 CSI EVENT DATES TO REMEMBER:

January 26-28, 2017 - CSI Master Specifiers Retreat, Tucson, AZ

STUDY AIDS: Visit <http://www.csinet.org/main/certification/CDT> for CDT 101 Webinar and Spring 2017 Exam Update.

Prepare now for CDT (Construction Document Technologist) Spring 2017 certification exam.

CSI's FREE Candidate Handbook (PDF): Use this handbook to help you prepare for CSI's certificate exams: CDT.

CDT Exam Study Workbook - Downloadable: Study Workbooks are guides that help candidates prepare for CSI CDT certificate and certification exams. The workbooks provide an in-depth review of exam subject matter. The workbooks include key terms, exercises, examples, and practice questions. Learn more, or purchase.

CSI MasterFormat 2016 update was released for purchase, and a free download of numbers and titles is available at <http://www.csinet.org/Home-Page-Category/formats/masterformat>. ❖



Past Presidents of Northern Virginia CSI

Listed by Fiscal Year Dates

- 1992 William C. Pegues
 - 1993 William C. Pegues
 - 1994 Joseph A. Wintz III*
 - 1995 Henry Doyle**
 - 1996 Steve Szoke ***
 - 1997 Michael Clancy
 - 1998 Gloria Buchanan
 - 1999 Brian Trimble
 - 2000 Jean Carr ****
 - 2001 Robert Morris III
 - 2002 William Pegues
 - 2003 David Lorenzini
 - 2004 Mary-Ellen Pfiester
 - 2005 Marshall Moss
 - 2006 Diane Pittman
 - 2007 Alan Geary
 - 2008 Alan Geary
 - 2009 Jason McKay
 - 2010 Jason McKay
 - 2011 Paul Brosnahan
 - 2012 Deborah MacPherson
 - 2013 Deborah MacPherson
 - 2014 Luigi Grande
 - 2015 Luigi Grande
 - 2016 Jesse Oak
- *Senior Lecturer at Clemson University, South Carolina.
 **Relocated to Indiana
 ***Relocated to Illinois
 ****Retired to Florida



DECEMBER 25, 2016

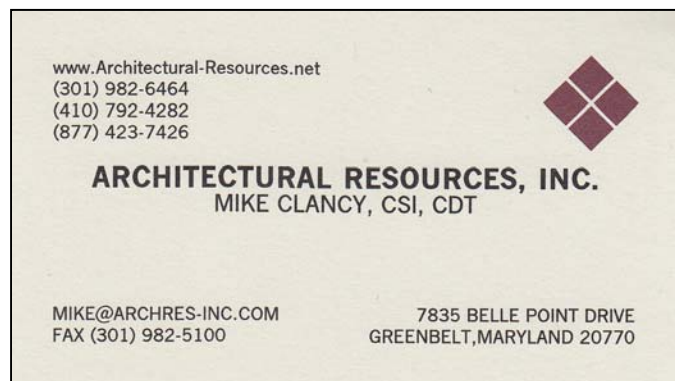
JANUARY BANQUET - SPECIAL PRESENTATION

Mark your calendar for NOVA's special January 11, 2017 program event. In honor of our 25th Anniversary Banquet, we have arranged for a special presentation by Heath Suddleson, a professional speaker who will present the topic "Managing Client Expectations". Heath packed two sessions at the 2016 MAR Conference in Baltimore last May with his presentations. Bring a guest and enjoy the special ambience features that only occur every five to ten milestone years.

SAVE THE DATE FOR THE NEXT REGION CONFERENCE



SUPPORT NOVA WITH A BUSINESS CARD AD



Business card size ad space is still available. It will be displayed in 10 issues and distributed to members of Mid-Atlantic Region CSI chapters who normally receive monthly issues of Novaspec. This is a potential circulation of 500.

Send a business card for the newsletter, a graphic logo for the website, a description of your business or service, and a check for \$200 to Northern Virginia Chapter CSI, PO Box 223415, Chantilly, VA 20153. ❖

SUMMARY OF NOVA BOARD MEETING MINUTES FOR NOVEMBER 2016

1. **Call to Order: John Geniesse, President Elect**, called the **November 2016** regular meeting of the Board of Directors to order on **Wednesday, 9 November 2016 at 5:07 pm** at the Washington-Dulles Airport Marriott Hotel.
2. **President's Report and Discussion Items:**
 - a. John Geniesse reported on the MAR monthly conference call highlights:
 - 1) MAR requested the chapter's status for each year's upcoming region conference programs, 2017-2020. John reported NOVA having publicity initiatives in the works including:
 - a) Setting up new Chapter website,
 - b) Current focus on sponsorship,
 - c) We are where we need to be on our timeline.
3. **Treasurer's Report:** The current financial statements were posted on our Google Drive. *Treasurer* Diane Pittman provided the following Treasurer's Report: **Checking** \$11,195.49; **CD** \$5,136.95; **TOTAL** \$16,332.44.
 - a. Credits: Institute - \$350, EventBrite - \$67.12 and \$435, Cash - \$180.
 - b. Debits: Meeting expense - \$960.28, Star Chapter - \$49.00, Bank Charge \$4.00.
 - c. The annual IRS filing was completed on 8 November 2016.
4. **Committees:**
 - a. *Membership* - Tom McConnell, Chair: The Institute database currently shows 63 chapter members.
 - b. *Programs* - Cynthia Heimann, Chair:
 - 1) Cynthia provided a list of confirmed and potential programs for FY2017.
 - a) **December 2016:** "Designing with Daylight" presentation by David Conrath.
 - b) **January 2017:** "Managing Client Expectations", presented by Heath Suddleson, a professional motivational speaker. The January 2017 meeting will be the 25th anniversary banquet for NOVA Chapter.
 - c) **February or March 2017:** "The Wharf DC Project", presented by Douglas Campbell, Architect Project Manager.
 - d) **April 2017:** "Role of the Geotechnical Engineer" presented by Langan engineers.
 - e) **May 2017:** Possible field trip tour of DuPont Circle and dinner at local restaurant or possible joint meeting with DC Metro Chapter.
 - c. *Electronic Communications* - Jesse Oak:
 - 1) StarChapter may be used for registration for the December meeting.
 - d. *House* - Bob Trafton Chair:
 - 1) 17 Guests are pre-registered for tonight's buffet with several more pending at door.
 - e. *Historian and Digital Records* - John Geniesse, Chair:
 - 1) John expects to have the historical records scanned and digitized by the end of this year.
 - 2) John will upload the records to our Google Drive when scanning is completed.
5. **Old Business:**
 - a. *MARC 2018* - David Lorenzini:
 - 1) Tri-fold Brochure develop: .
 - a) The donation amounts on the tri-fold brochure has been updated with the resulting total ±\$200 from the previous brochure amount.
 - b) The brochure will first be sent in PDF form to previous sponsors to gauge interest.
 - 2) William Pegues is pursuing a potential tour of the Museum of the Shenandoah. Also, William prepared a Facebook site that awaits a link to our StarChapter website.
 - b. *Chapter Web Page* - John Geniesse:
 - 1) The MARC18 link established by the vendor has disappeared from our site.
 - 2) John will submit support tickets to Star Chapter for the areas causing problems.
6. **New Business:** None
7. **Adjournment** - There being no further business to come before the board, Presiding Officer Geniesse declared the meeting adjourned at 6:09 pm.



Mike Montgomery
Secretary



Mike

Chapter Board of Directors

Past President	Luigi Grande luigig2288@verizon.net
President	Jesse Oaks rivenmaster@comcast.net
President-Elect	John Geniesse jgeniesse@stanleyworks.com
1st Vice President	Tom McConnell tom@construxva.com
2nd Vice President	Cynthia Heimann cheimann@kgdarchitecture.com
Secretary	Mike Montgomery mbmonty@embarqmail.com
Treasurer	Diane Pittman diane.pittman@cox.net
Director, 2018	Mike Clancy mike@archres-inc.com
Director, 2018	Bill Rains bill.rains@sherwin.com
Director, 2018	Robert Trafton rtrafton@nehmer.com
Director, 2017	Allan Geary ageary@cdc-usa.com
Director, 2017	David Lorenzini deloren@verizon.net
Director, 2017	Grant Rogers groggers101@comcast.net

Chapter Committees

Awards	Bill Rains bill.rains@sherwin.com
Editor	David Lorenzini deloren@verizon.net
Electronic Comm.	Jesse Oak joak@pbheeryamericas.com
E.T.C.*	Mike Clancy/John Geniesse, Co-Chairs mike@archres-inc.com / jgeniesse@stanleyworks.com *(Education/Technical/Certification)
Finance	Diane Pittman diane.pittman@cox.com
Historian	Deb MacPherson debmacp@gmail.com
House	Jason McKay jmckay@isolatek.com Robert Trafton rtrafton@nehmer.com
Membership	Tom McConnell tom@construxva.com
Nominating	Deb MacPherson dmacpherson@cannondesign.com
Programs	Cynthia Heimann cheimann@kgdarchitecture.com

Middle Atlantic Region

President Gail Nagie GailLynnNagie@gmail.com

Institute

Director Marvin Kemp m Kemp@designcollective.com

SAVE THE DATE



25th Anniversary Banquet

January 11, 2017

Washington Dulles Airport Marriott
45020 Aviation Drive, Sterling, VA 20166

Editor's Corner

Comments regarding this newsletter are welcome. Original contributed articles are encouraged. Submit them in Word DOC format to deloren@verizon.net. Articles should be concise and to the point, accompanied by graphics, if applicable, in JPG format. ❖

Editorial Policy: NOVASPEC acts as a moderator without approving, disapproving, or guaranteeing the validity of accuracy of any data, claim, or opinion appearing under a byline or obtained or quoted from an acknowledged source. The opinions expressed by authors do not necessarily reflect the official views of the Northern Virginia Chapter CSI or The Construction Specifications Institute.

All material for each issue must be received by the Editor 3 weeks before the next Chapter meeting date.

The Construction Specifications Institute (CSI) is a nationwide, nonprofit, technical organization dedicated to the advancement of construction technology through communications, education, research, and service. Founded in 1948, CSI provides a forum for architects, engineers, specification writers, contractors, suppliers, and others in the industry.

Our mailing address: Northern Virginia Chapter CSI, PO Box 223415, Chantilly, VA 20153, 703-402-0903, <http://nova.csinet.org/>

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